



Patient Name: _____

Medications to Avoid

If you are taking any medications on this list, they should be discontinued 2 weeks prior to surgery and only acetaminophen products, such as Tylenol, should be taken for pain. All other medications – prescriptions, over-the-counter and herbal – that you are currently taking must be specifically cleared by Dr. Alexander or the Anesthesiologist prior to surgery. It is absolutely necessary that all of your current medications be specifically cleared by Dr. Alexander, the Anesthesiologist or the nursing staff.

Aspirin Medications to Avoid

Affect blood clotting:

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|----------------------------------|------------------------------|------------------------------|--------------------------------|
| 4-Way Cold Tabs | Cama Arthritis Pain Reliever | Isollyl Improved | Percodan products |
| Aminosalicilyc Acid | Carisoprodol Compound | Kaodene | Phenaphen/Codeine #3 |
| Acetilsalicilyc Acid | Cataflam | Lanorinal | Pink Bismuth |
| Actron | Cheracol | Ibuprohm | Piroxicam |
| Adprin-B products | Choline Magnesium | Lodine | Propoxyphene Compound products |
| Aleve | Trisalicylate | Lortab ASA | Robaxisal |
| Alka-Seltzer products | Choline Salicylate | Magan | Rowasa |
| Amigesic Argesic-SA | Cope | Magnaprin products | Roxeprin |
| Anacin products | Coricidin | Magnesium Salicylate | Saleto products |
| Anexsia w/Codeine | Cortisone Medications | Magsal | Salflex |
| Arthra-G | Damason-P | Marnal | Salicylate products |
| Arthriten products | Darvon Compound-65 | Marthritic | Salsalate |
| Arthritis Foundation products | Darvon/ASA | Mefenamic Acid | Salsitab |
| Arthritis Pain Formula | Diclofenac | Meprobamate | Scot-Tussin Original 5-Action |
| Arthritis Strength BC Powder | Dipenturn | Mesalamine | Sine-off |
| Arthropan | Disalcid | Methocarbarnol | Sinutab |
| ASA | Doan's products | Micrainin | Sodium Salicylate |
| Asacol | Dolobid | Mobidin | Sodol Compound |
| Ascriptin products | Dristan | Mobigesic | Soma Compound |
| Aspergum | Duragesic | Momentum | St. Joseph Aspirin |
| Asprimox products | Easprin | Motrin products | Sulfasalazine |
| Axotal | Ecotrin products | Naprelan | Supac |
| Azdone | Empirin products | Naproxen | Suprax |
| Azulfidine products B-A-C | Equagesic | Night-Time Effervescent Cold | Synalgos-DC |
| Backache Maximum Strength Relief | Etodolac | Norgesic products | Talwin |
| Bayer Products | Excedrin products | Norwich products | Triaminicin |
| BC Powder | Fiorgen PF | Olsalazine | Tricosal |
| Bismatrol products | Fiorinal products | Orphengesic products | Trilisate |
| Buffered Aspirin | Flurbiprofen | Orudis products | Tussanil DH |
| Bufferin products | Gelpirin | Oxycodonc | Tussirex products |
| Buffetts 11 | Genprin | Pabalate products | Ursinus-Inlay |
| Buffex | Gensan | P-A-C | Vanquish |
| Butal/ASA/Caff | Goody's Extra Strength | Pain Reliever Tabs | Wesprin |
| Butalbital Compound | Headache Powders | Panasal | Willow Bark products |
| | Halfprin products | Pentasa | Zorprin |
| | IBU | Pepto-Bismol | |
| | Indomethacin products | | |

Patient Initials: _____



DR. TIMOTHY ALEXANDER
FELLOW OF THE ROYAL COLLEGE OF SURGEONS
PLASTIC SURGERY

Patient Name: _____

**Ibuprofen Medications to Avoid
Affect blood clotting**

Acular (ophthalmic)	Haltran	Nabumetone	Rhinocaps Sine-
Advil products	Indochron E-R	Nalfon products	Aid products
Anaprox products	Indocin products	Naprosyn products	Sulindac
Ansaid	Ketoprofen	Naprox X	Suprofen
Clinoril	Ketorolac	Nuprin	Tolectin
Daypro	Ibuprin	Ocufen (ophthalmic)	products
Dimetapp Sinus	Ibuprofen	Oruvail	Tolmetin Toradol
Dristan Sinus	Meclofenamate	Oxaprozin	Voltaren
Feldene	Meclomen	Ponstel	
Fenoprofen	Menadol	Profenal	
Genpril	Midol-products	Relafen	

**Avoid ALL Diet Aids – Including Over-the-Counter & Herbal
Intensify anesthesia, serious cardiovascular effects.**

**Tricyclic Antidepressants to Avoid
Intensify anesthesia, cardiovascular effects.**

Adapin	Doxepin	Maprotiline	Tofranil
Amitriptyline	Elavil	Norpramin	Triavil
Amoxapine	Endep	Nortriptyline	Trimipramine
Anafranil	Etrafon products	Pamelor	Vivactil
Asendin	Imipramine	Pertofrane	
Aventyl	Janimine	Protriptyline	
Clomipramine	Limbitrol products	Sinequan	
Desipramine	Ludiomil	Surmontil	

Other Medication to Avoid: Affect blood clotting.

4-Way w/ Codeine	Dicumerol	Miradon	Stelazine
A.C.A.	Dipyridamole	Opasal	Sulfipyrazone
A-A Compound	Doxycycline	Pan-PAC	Tenuate
Accutrim	Emagrin	Pentoxifylline	Tenuate Dospan
Actifed	Enoxaparin injection	Persantine	Thorazine
Anexsia	Flagyl	Phenylpropanolamine	Ticlid
Anisindione	Fragmin injection	Prednisone	Ticlopidine
Anturane	Furadantin	Protarnine	Trental
Arthritis Bufferin	Garlic	Pyroxate	Ursinus
BC Tablets	Heparin	Ru-Tuss	Virbamycin
Childrens Advil	Hydrocortisone	Salatin	Vitamin E
Clinoril C	Isollyl	Sinex	Warfarin
Contac	Lovenox injection	Sofarin	
Coumadin	Macrochantin	Soltice	
Dalteparin injection	Mellaril	Sparine	

Patient Initials: _____



Patient Name: _____

**Salicylate Medications, Foods & Beverages to Avoid
Affect blood clotting**

- | | | |
|--------------------------------------|---------------------|---|
| Amigesic (salsalate) | Almonds | Pickles |
| Disalcid (salsalate) | Apples | Prunes |
| Doan's (magnesium salicylate) | Apricots | Raspberries |
| Dolobid (diflunisal) | Blackberries | Strawberries |
| Magsal | Boysenberries | Tomatoes |
| Pamprin (Maximum Pain Relief) | Cherries | Wine |
| Mobigesic | Chinese Black Beans | Trilisate (choline salicylate + magnesium salicylate) |
| Pabalate | Cucumbers | |
| Pepto-Bismol (bismuth subsalicylate) | Currants | |
| Salflex (salsalate) | Garlic | |
| Salsalate | Ginger | |
| Salsitab (salsalate) | Grapes | |

Vitamins and Herbs to Avoid

Affect blood clotting, affect blood sugar, increase or decrease the strength of anesthesia, rapid heartbeat, high blood pressure, liver damage. Note: Just because it is not of this list does not mean that it is safe to take while preparing for surgery.

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|----------------|-----------------|----------------|------------------------|
| Ackee fruit | Devil's club | Goldenseal | Muwort |
| Alfalfa | Dong Quai root | Gotu Kola | Nem seed oil |
| Aloe | Echinacea | Grape seed | Onions |
| Argimomy | Ephedra | Guarana | Papaya |
| Barley | Eucalyptus | Guayusa | Periwinkle |
| Bilberry | Fenugreek seeds | Hawthorn | Selenium |
| Bitter melon | Feverfew | Horse Chestnut | St. John's Wort |
| Burdock root | Fo-ti | Juniper | Valerian/Valerian Root |
| Carrot oil | Garlic | Kava Kava | "The natural Viagra®" |
| Cayenne | Ginger | Lavender | Vitamin E |
| Chamomile | Gingko | Lemon verbena | Willow bark |
| Chromium | Gingko biloba | Licorice root | Yellow root |
| Coriander | Ginseng | Ma Huang | Yohimbe |
| Dandelion root | Gmena | Melatonin | |

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